### Fulcrum Health, Inc.

Clinical Guideline Title:	Chiropractic Manipulative Treatment (CMT)		
History:		Effective Date:	4/20/17
		Last Revision Date:	4/20/17
		Last Review Date:	4/20/17
Responsible Area/Individual	Utilization Management / Chief Clinical Officer		
Purpose:	To apply standardized coding criteria to support the selection of Chiropractic Manipulation Treatment (CMT).		
Regulation/Reference (if applicable):	Minnesota Statute 148.107 – Record Keeping; NCQA Credentialing Standard CR5; 2016 AMA CPT Codebook; 2016 ChiroCode Deskbook		

### **Guideline:**

Fulcrum Health, Inc. (Fulcrum) has developed this guideline to offer objective standardized criteria to support the accuracy of Chiropractic Manipulative Treatment (CMT) selection and utilization.

### **Definitions:**

As explained by AMA CPT Guidelines, "Chiropractic Manipulation Treatment (CMT) is a form of manual treatment to influence joint and neurophysiological function. This treatment may be accomplished using a variety of techniques."

#### Position:

Proper CMT determination must be patient-centered and selected based upon the subjective complaint presentation, objective exam findings, and the diagnosis must support the CMT level as an appropriate treatment option; it is not determined by the use of technique-based protocols, office routine, or clinical philosophy to determine CMT code selection for billing.

The daily treatment record should document the specific spinal segments included in the CMT.

## **Procedure:**

CDT	Description	Decord Veening Descripements	
<u>CPT</u>	<u>Description</u>	Record Keeping Requirements	
98940 Chiropractic maniputreatment (CMT) in two spinal regions	Chiropractic manipulative	Medical record must document:	
	` , ,	1. A complaint involving at least one spinal region; AND	
	· -	2. An examination of the corresponding spinal region(s); AND	
		3. A diagnosis and manipulative treatment of a condition involving at <i>least one</i> spinal region.	
		Claim must record a diagnosis code in the applicable region(s).	
98941	Chiropractic manipulative treatment (CMT) involving three to four spinal regions	Medical record must document:	
		1. A complaint involving at <i>least three</i> spinal regions; AND	
		2. An examination of the corresponding spinal regions; AND	
		<ol><li>A diagnosis and manipulative treatment of conditions involving at <i>least three</i> spinal regions.</li></ol>	
		Claim must record a diagnosis code in <b>all</b> the applicable regions.	
treatment	Chiropractic manipulative	Medical record must document:	
	treatment (CMT) involving five spinal regions	1. A complaint involving <i>five</i> spinal regions; AND	
	, ,	2. An examination of the corresponding spinal regions; AND	
		<ol> <li>A diagnosis and manipulative treatment of conditions involving five spinal regions.</li> </ol>	
		Claim must record a diagnosis code in <b>all</b> the applicable regions.	
98943	Extraspinal, 1 or more regions	Extraspinal (nonspinal) regions are: Head (excluding atlanto-occipital. including temporomandibular joint*) lower extremities, upper extremities, rib cage (excluding costotransverse and costovertebral joints), and abdomen.	
		Medical record must document:	
		1. A complaint involving one of these region; AND	

- $2. \quad \text{An examination of the corresponding regions; AND} \\$
- 3. A diagnosis and manipulative treatment of conditions involving the affected region(s).

Claim must record a diagnosis code relative to the applicable region.

## Reference:

• Record Keeping policy CRM007

# **Document History:**

Date	Update
4/5/2017	New Document

<sup>\*</sup>May be excluded as a non-covered service