



Comprehensive, Conservative Care Pathway: ChiroFirst Study

Patient Discussion Guide

This Patient Discussion Guide was developed to assist you in answering patients’ questions regarding the ChiroFirst research project. We know you will likely receive questions regarding the goal of the study, what happens to the patient’s information, and complaints about the amount of paperwork. The talking points presented here are simply recommendations – feel free to modify and customize your responses to each situation.

If you run into a question about ChiroFirst that you do not know how to answer, feel free to contact Dr. Vivi-Ann Fischer for assistance at 651-389-0143 or vfischer@chirocaremn.org.

| Patient Question/Comment | Talking points to address with patient |
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| Q1. Why do I need to fill out ALL of this paperwork? | A1. The information you are providing helps the doctor determine the right care for you. We understand sometimes the paperwork can feel a bit overwhelming, however, all of it serves an important purpose. |
| Q2. Why are you asking about my sex life? | A2. The sex-related question is an optional question and you are more than welcome to skip it if that would make you more comfortable. We ask this question to identify the pain you experience while performing daily activities. |
| Q3. Why do I need to fill out the Oswestry 2.1a? | A3. The information you provide in this form is important in assisting the doctor in determining the right care for you. If the sex-related question makes you uncomfortable, you may skip question # 9. |
| Q4. Why do I have to fill this paperwork out again? I have already filled it out before... | A4. Answering these questions will give the doctor insight into how the chiropractic treatments are working for you. It will also help the doctor modify your treatments – based on your responses – and determine the best care for you. |
| Q5. What are you going to do with my information? | A5. The information you provide in the paperwork will be used in a clinical study on low back pain. Your de-identified (anonymous) information will be shared with MN Community Measurement (MNCM), a non-profit that collects and reports data for many hospitals and integrated clinics. |
| Q6. What information of mine will MNCM receive? | A6. The information given to MNCM for the ChiroFirst study include: your diagnosis of back pain, outcome scores, and dates of your care. Your information is de-identified in the reporting so you will remain anonymous. |

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| <p>Q&As Continue on Back Side</p> <p>Q7. Do I have to participate?</p> | <p>A7. No, however, we encourage your participation as every patient that participates helps to make this study more successful. We believe this study will show the effectiveness of chiropractic care for adults with low back pain. This could have huge impacts on the health care systems – including better outcomes, lower cost, and high patient satisfaction.</p> |
| <p>Q8. What is this study looking at?</p> | <p>A8. The impact of placing a doctor of chiropractic at the point of entry for adult low back pain.</p> |
| <p>Q9. Who is MN Community Measurement?</p> | <p>A9. MNMCM is a local non-profit organization that specializes in collecting and reporting data on health care from hospitals and medical centers.</p> |
| <p>Q10. Who is Chiropractic Care of Minnesota, Inc. (CCMI/ChiroCare)</p> | <p>A10. CCMI is a local non-profit that works with health plans and chiropractors for the delivery of care.</p> |
| <p>Q11. Will my information be available or reported to the public?</p> | <p>A11. No, any identifiable information will be removed from all reports.</p> |
| <p>Q12. As a patient, will I get to see the results of the study?</p> | <p>A12. The only way you can see the results of the study is to ask CCMI for a copy of the report after the study has been completed. If you would like to review your own ODI scores, your chiropractic clinic can review your medical records with you.</p> |